

Code/ Description	Response Type & timescale for assessment & allocation for treatment	Typical presentations (clinicians subjective assessment always overrides)	Action
<p>RED Very high risk of imminent harm to self or others.</p> <p>High distress, absence of capable support.</p>	<p>Assessment: Same day face to face assessment.</p> <p>Post assessment: CRHT & Urgent allocation in CMHT</p>	<ul style="list-style-type: none"> ▪ Acute suicidal ideation or risk of harm to others, with clear plan and means and/ or history of self-harm or aggression. High risk of impulsive acts. ▪ Very high/high risk behaviour associated with perceptual/ thought disturbance, delirium, dementia or impaired impulse control ▪ Rapidly increasing symptoms of psychosis and/ or sever mood disorder ▪ Unable to care for self or dependents or perform activities of daily living ▪ Urgent assessment request under the Mental Health Act ▪ Know consumer requiring urgent intervention to prevent or contain relapse 	<p>Call central booking service on 0300 200 0011</p> <p>Please state if urgent or routine*</p>
<p>AMBER Moderate risk of harm and/ or significant distress</p>	<p>Assessment: Same day face to face assessment.</p> <p>Post assessment: CRHT & urgent allocation in CMHT</p>	<ul style="list-style-type: none"> ▪ Suicidal ideation, with no clear plan, no risk to others. Minimal supportive factors ▪ Significant client/ carer distress associated with serious mental illness (including mood/anxiety disorder) ▪ Early symptoms of psychosis (involve EIS if 1st episode) ▪ Requires priority assessment in order to clarify diagnostic status ▪ Known consumer requiring priority treatment or review 	
<p>GREEN Low risk of harm in short term or moderate risk with high support/ stabilising factors</p>	<p>Assessment: within 4 weeks of referral.</p> <p>Post assessment: CMHT allocation treatment to commence within 18 weeks of assessment</p>	<ul style="list-style-type: none"> ▪ Requires specialist mental health assessment but is stable and at low risk of harm in waiting period. ▪ Known consumer with serious mental illness (including mood/anxiety disorder) requiring review and/or treatment 	

Where there is an immediate risk to life (either self or others) please contact appropriate 999 emergency service.

*Routines referrals should only be referred 9am – 5pm Monday – Friday (exc Bank Holidays)

For mental health advice for GP's only call the GP Advice line on 024 7696 7897