

What are neurodevelopmental conditions?

Autism Spectrum Disorder (ASD)

Autism Spectrum Disorder is a lifelong condition that affects how a person communicates with, and relates to, other people. It also affects how they make sense of the world around them.

People with ASD may wonder why they are 'different' and feel their social differences mean people don't understand them.

Attention Deficit Hyperactivity Disorder (ADHD)

ADHD is a neurodevelopmental disorder that leads to difficulties such as hyperactivity, inattention and impulsivity.

ADHD can impact the person's ability to function in different areas of life i.e. relationship difficulties, poor work or school performance, low self-esteem, and other problems.

Other conditions

There are other associated neurodevelopmental conditions, including Social Communication Disorder, Dyslexia, Dyspraxia and Sensory difficulties.

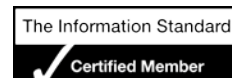
Adult Neurodevelopmental Service

Paybody Building
Stoney Stanton Road
Coventry
CV1 4FS

024 7696 1355

If you require this information in a different format or language please contact the Trust's Equality and Diversity Department on 024 7653 802

*With acknowledgement to:
The National Autistic Society 'What is Autism';
UK Adult ADHD Network 'What is ADHD'*



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Adult Neurodevelopmental Service



Information for patients

Who are we?

The Adult Neurodevelopmental Service is an assessment and diagnostic service for people with neurodevelopmental disorders such as Autism Spectrum Disorder (ASD), and Attention Deficit Hyperactivity Disorder (ADHD).

People are eligible for the services if they are registered with a GP in Coventry or Warwickshire, are over 17 years of age, and do not already have a diagnosis.

To access the service you will need to speak to your GP. The GP referral letter will contain information regarding your neurodevelopmental concerns and a self-report questionnaire, where appropriate.

After we've received the referral we will telephone you for a chat in order to ensure you receive the most appropriate service.

Services we offer

Assessment

To help you understand your unique style and establish if a diagnosis is appropriate for you, we complete a comprehensive assessment.

This assessment typically involves you completing a questionnaire and meeting one of our team to gather your developmental history.

At the end of the assessment, the outcome will be discussed with you and the appropriate advice and support will be offered.

Post diagnostic support

Receiving a diagnosis can be an emotional time and, as a result, you will be offered support to understand and adapt to your diagnosis.

Following the post-diagnosis meeting, you will then be offered support, tailored for your needs, which will focus on emotional regulation, communication, social skills and sensory issues.

If you have a diagnosis of ADHD the possibility of medication will be discussed with you.

Specialist support

Following the post-diagnostic support, if appropriate, you will also be offered specialist interventions by Clinical Psychologists, Speech and Language Therapists and Occupational Therapists.

These follow-up sessions may address additional mental health difficulties, sensory processing difficulties and communication or language difficulties.

How can a diagnosis benefit me?

Getting a diagnosis can give you, your family and your friends a better understanding of your style and abilities. It also will help you access support so you can manage the difficulties you experience.

A diagnosis can also help you identify your unique strengths and abilities rather than seeing your differences as difficulties.