

Transport to Newfield House

Ambulances can be booked for people unable to get to Newfield House independently. Please be aware that there are no facilities at Newfield House to buy food.

There are disabled parking spaces outside the main entrance should you need to park nearby.

Accessing the service

If you think you could benefit from our services, please speak to your GP.



Tel: 024 7623 7051
Fax: 024 7623 7026

Referral to other services

Occasionally, after assessment it may be decided that physiotherapy will not be of benefit. In this instance, we may refer patients on to other agencies.

Such agencies include;

- EXTEND (Group exercise strength & balance programmes)
- Community Nurses / Community Matrons
- Home Safety Check
- Contact & Connect
- Adaptations / Telecare
- Medical Intervention
- Optician Check
- Fast Response
- Adult Social Care (where appropriate)

Comments, compliments and complaints

We welcome views on this service.

For enquiries please contact us:



Coventry Falls Physiotherapy Team
Newfield House
Kingfield Road
Coventry CV1 4NZ



Tel: 024 7623 7051
Fax: 024 7623 7026



If you require this publication in a different format or language please contact us.



Coventry and Warwickshire
Partnership Trust



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Partnership Trust



Coventry Falls Physiotherapy Service



Information leaflet



Working together to
make a difference

What does the falls Physiotherapy team do?

We provide a specialist physiotherapy service to people who have fallen over or are at risk of falling.

We provide physiotherapy treatment aimed at reducing the risk of falling and increasing physical abilities.

Referrals into the service

Referrals can be made by:

- Staff in the Emergency Department at University Hospital Coventry and Warwickshire.
- GP's if they feel there is a risk of falling or to help recover after a fall.

Assessment

Assessments take approximately an hour to complete and will take place at Newfield House. During the assessment, the physiotherapist will ask questions and perform physical assessments to determine the likely cause of the fall or balance problem.

Once assessment has been completed, a treatment plan will be discussed to determine what the goals are and how we can help the individual to achieve these.

The treatment plan will look to promote independence and increased function as much as possible.

Treatment

All treatments take place at Newfield House and involve performing prescribed exercises in a group setting.

Within the group there will be a physiotherapist who will ensure that patients are doing the exercises correctly and safely. Home exercises will be prescribed individually to each patient and need to be carried out regularly.

The programme lasts for six weeks and after completion of these six sessions, the patient will be re-assessed, where we will evaluate progress. From this, a future management plan will be decided.



Group sessions

The group sessions involve up to six patients at a time, undertaking a series of exercises, aimed at increasing strength and balance and reducing the risk of further falls. Exercises are individually prescribed to each patient to ensure the maximum benefit.

All sessions have a physiotherapist supervising the exercises as well as an assistant physiotherapist.



Follow-up care

Telephone contact is maintained with patients for up to six months, during which patients can contact the service to raise any concerns and we can ensure that progress continues to be made.