

COVENTRY & RUGBY ADMIRAL NURSES



1) WHAT DO WE DO?

Admiral Nurses provide support to the carers of people with dementia to enhance well-being of not only the carer but indirectly that of the person with dementia. This may involve:

- Working in partnership with the family using a relationship centred approach
- Specialist assessment with evidenced based interventions
- Providing supportive education
- Provision of biopsychosocial support for the carer and person living with dementia
- Care management & liaison with other professionals and organisations

3) Referral Criteria:

- The person is caring for someone with a diagnosis (or likely diagnosis) of dementia
- The person with dementia and/or their carer has a Coventry / Rugby GP
- The carer agrees to the referral
- The carer has complex identified need(s) that impact upon their caring role or as a consequence of their caring role.

4) HOW CAN YOU ACCESS US?

Initially referrals will be accepted from GP and Arden Memory service staff.

Referrals should be e-mailed through to:

CRCCG.CRGPAadmiralnurses@nhs.net

2) WHAT IMPACT CAN WE HAVE ON SERVICES?

Numerous benefits to carers and those with dementia can occur including:

- Reduced anxiety & depression in carers
- Improved access to information and support for both carers and the person with dementia
- Higher satisfaction in caring for someone with dementia
- People with dementia may experience better quality of life

Admiral Nurses can also impact positively on services in the following ways:

- Reduced GP call outs
- Reduced inappropriate hospital admissions
- · Delays in transition to care homes
- Increased support for clinicians and other healthcare professionals.

ADMIRAL NURSE CASEWORK MODEL

