

# OneLTC Diabetes (TM00191)

## ^ Table of contents

### ▸ Overview

### ▸ How is OneLTC different to OneTemplate?

## ▸ Accessing the template

## ▸ Page Structure

### ▸ What does it look like?

## Overview

The **OneLTC Diabetes template (TM00191)** is part of the Primary Care IT (PCIT) *OneLTC suite*, designed to streamline diabetes care in primary care settings by bringing together all assessment, monitoring, and management elements into a single, intelligent EMIS template. It applies the same dynamic, patient-specific logic as the **OneTemplate** family, ensuring only relevant sections are shown, and minimising duplication across related pages. This guide outlines the purpose, structure, and usage of the template, to support clinical teams delivering integrated, patient-centred care.

- The template is split into pages, giving it a modular structure which should greatly assist staff who carry out mental health-focussed consultations by breaking the process down into smaller parts, which could be skipped over if needed.

ⓘ Currently, the template is designed for use with diagnosed diabetic patients and does not contain provisions for NDH patients.

## How is OneLTC different to OneTemplate?

Both of these templates have different purposes. If the patient is presenting with multiple problems (e.g. depression and diabetes), and the consultant is addressing multiple reviews in the same consultation, the

OneTemplate will be more geared for this purpose.

If the consultation is only in place for a specific problem, then a OneLTC may be more appropriate.

## Accessing the template

The template will be made available in the OneLauncher Prescriber and Nonprescriber. On release of the PCIT OneLTC Suite, a new launcher will be made available and also linked into the OneLaunchers.

Users can also locate the template [using the run template button](#), searching for the code TM00191

## Page Structure


The template is divided into logical pages, each covering a specific area of diabetes care.

ⓘ This template contains **visibility rules** (visibility rules are concepts built into the template that check for eligibility and hide or show parts of the template). However, Consultants' discretion is required to understand if the section appearing on the template is relevant to the patient loaded.

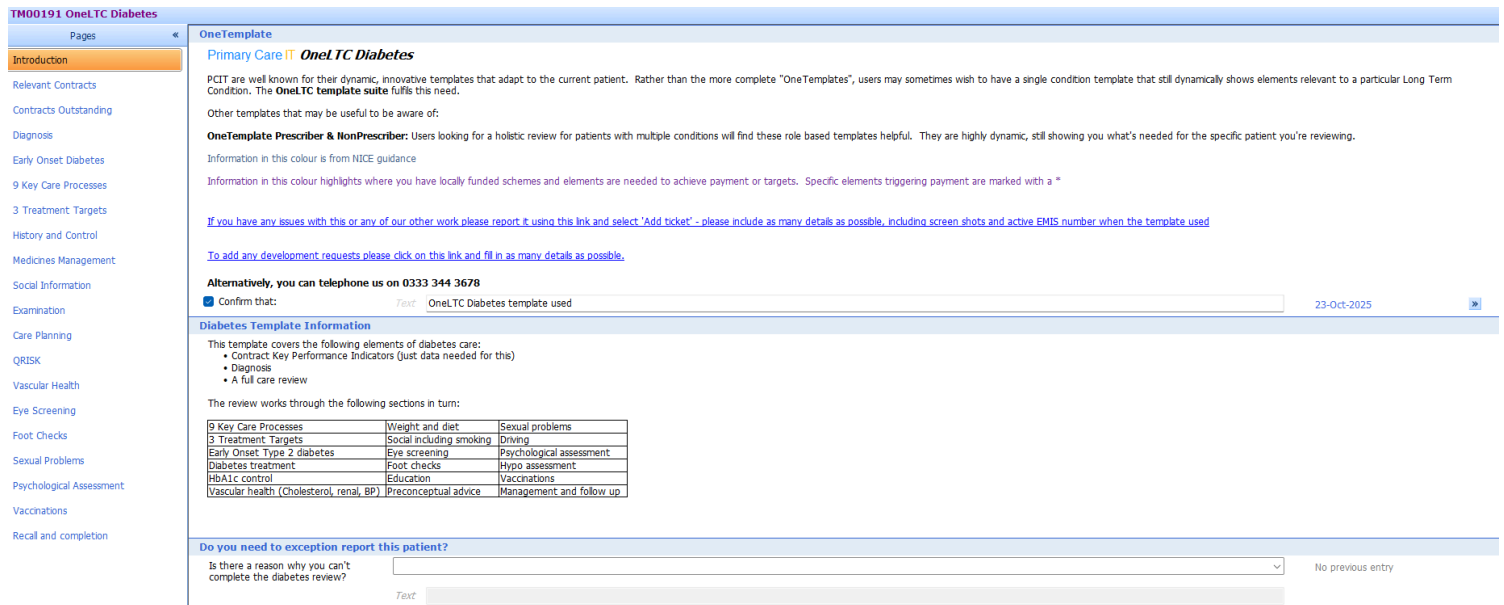
Pages include:

- **Introduction** – Quick-start guide, navigation tips, and links to guidance and PCIT tools.
- **Relevant Contracts/Contracts Outstanding** - concise pages focussing on QOF requirements.
- **Diagnosis** – Confirm diagnosis type (e.g. Type 1, Type 2, MODY) and key history. Visibility rule controlled support for T2DAY referral for younger patients who've developed Type 2 Diabetes.
- **History & Control** – View HbA1c trends, set targets, and record management decisions.
- **Medicines Management** - SGLT 2 considerations and injection site checks.
- **Social information** - Smoking Status and Alcohol; standardised review and update.
- **Care Planning** – Record a structured approach to Diabetes, its therapies and Pregnancy planning with support for active deprescribing as well as education.
- **QRISK 3** - See the PCIT support guide for more information - [QRISK3 calculator](#)
- **Vascular Health** -
  - **Blood Pressure Management** – Consolidated BP review with target thresholds and adjustment prompts.
  - **Renal Function** – eGFR and ACR review with CKD staging prompts.
- **Eye Screening** – Record attendance and results.
- **Foot Checks** – Annual foot checks with structured risk assessment fields.
- **Hypoglycaemia Awareness** – Visible for patients on hypo-inducing agents.

## What does it look like?

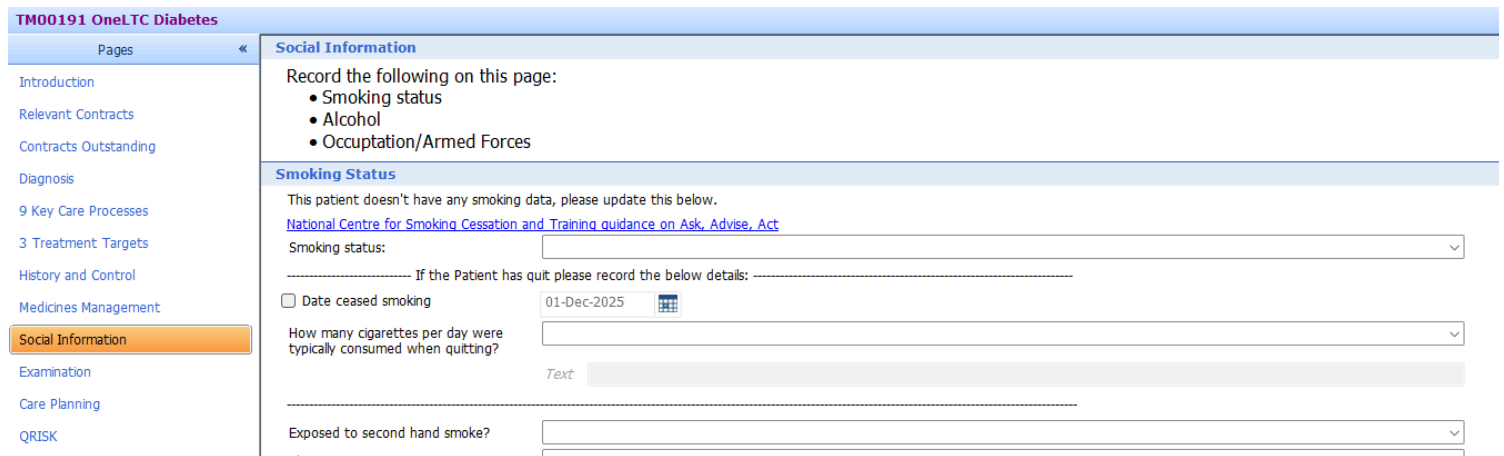
 All screenshots are from dummy patients

Due to visibility rules, the template will look slightly different for each patient. The below is a screenshot from an unmedicated younger patient:



The screenshot shows the 'OneLTC Diabetes' template page. The left sidebar lists various sections, with 'Introduction' highlighted. The main content area includes a 'Primary Care' section with a bullet-point summary of key elements: 9 Key Care Processes, 3 Treatment Targets, Early Onset Type 2 diabetes, Diabetes treatment, HbA1c control, and Vascular health. Below this is a table summarizing the review sections in turn, including Weight and diet, Sexual problems, Social including smoking, Driving, Eye screening, Psychological assessment, Foot checks, Hypo assessment, Education, Vaccinations, Preconceptual advice, and Management and follow up. A 'Diabetes Template Information' section provides details on the template's coverage and a 'Do you need to exception report this patient?' section with a dropdown menu and a text input field.

If a page is longer than a few sections, a bullet-point summary is added to the top to enable users to read and find the data entry point easily, instead of having to scroll down pages:



The screenshot shows the 'Social Information' page in the OneLTC Diabetes template. The left sidebar lists various sections, with 'Social Information' highlighted. The main content area includes a 'Record the following on this page:' section with a bullet-point summary of key elements: Smoking status, Alcohol, and Occupation/Armed Forces. Below this is a 'Smoking Status' section with a dropdown menu for 'Smoking status', a date field for 'Date ceased smoking', and a text input field for 'How many cigarettes per day were typically consumed when quitting?'. There is also a section for 'Exposed to second hand smoke?' with a dropdown menu.

The "Early Onset Diabetes" page will only appear for patients aged 18-39:

**TM00191 OneLTC Diabetes**

Pages <

Introduction

Relevant Contracts

Contracts Outstanding

Diagnosis

**Early Onset Diabetes**

9 Key Care Processes

3 Treatment Targets

History and Control

Medicines Management

Social Information

Examination

Care Planning

QRISK

Vascular Health

Eye Screening

Foot Checks

Sexual Problems

Psychological Assessment

Vaccinations

Recall and completion

**Early Onset Type 2 Diabetes in the Young**

There is a national programme for enhancing care for patients with Early Onset Type 2 diabetes called T2DAY. This should include a 30 minute review incorporating:

- consideration of potential misclassification of diabetes type
- contraception and planning for pregnancy
- management of glycaemia
- management of cardiovascular risk
- management of weight
- psychological wellbeing, unmet needs and social needs

The "OneLTC Diabetes" or the "Diabetes" page in the OneTemplate will allow you to work through this.

Type 2 Diabetes in the Young review No previous entry

**MODY**

**Why consider using a MODY calculator if reviewing a young patient with type 2 diabetes?**

Most young patients diagnosed with type 2 diabetes, do indeed have type 2 diabetes. However, a small number of these patients will have **maturity-onset diabetes of the young (MODY)**.

MODY is an early-onset (presenting usually before the age of 25 years) monogenic diabetes caused by mutations in several islet-related genes and is inherited in an **autosomal dominant manner** (i.e. a 50 percent chance that a parent with this condition will pass the condition down to his/her offspring).

MODY is a heterogeneous group of disorders that result in beta-cell dysfunction. It is rare, accounting for just 1%-2% of all diabetes. It is often misdiagnosed as type 1 or type 2 diabetes, as it is often difficult to distinguish MODY from these two forms

The 3 main features of MODY are:

- diabetes often develops before the age of 25
- diabetes runs in families from one generation to the next
- diabetes may be treated by diet or tablets and does not always need insulin treatment

The MODY calculator that is linked provides an estimate of risk of a young patient with Type 2 diabetes having MODY.

[MODY link](#)

A significant result from the Exeter MODY calculator is a probability score of  $\geq 36\%$  (which may vary by population) for an individual to have monogenic diabetes (MODY), indicating a high likelihood of MODY and warranting genetic testing. Conversely, a low score suggests that MODY is less likely.

A significant calculator result should be a prompt to seek expert advice.

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The "hypoglycaemia" page will appear for patients on insulin or related drugs:

**TM00191 OneLTC Diabetes**

Pages <

Introduction

Relevant Contracts

Contracts Outstanding

Diagnosis

9 Key Care Processes

3 Treatment Targets

History and Control

Medicines Management

Social Information

Examination

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QRISK

Vascular Health

Eye Screening

Foot Checks

Sexual Problems

Psychological Assessment

**Hypoglycaemia**

Vaccinations

Recall and completion

**Hypoglycaemia**

This patient is on medication that puts them at risk of hypoglycaemic episodes. Please discuss this with them and inform them of the common symptoms/signs of hypos:

- feeling hungry
- trembling or shakiness
- sweating
- anxiety or irritability
- going pale
- fast pulse or palpitations
- tingling of the lips
- blurred vision

Any hypoglycaemic attacks?

01-Dec-2025

Text

If they have had hypoglycaemic attacks, how often are these?  [times/week](#)

Text

[Useful resources to show patients about hypos during a consultation from Diabetes UK](#)

Hypoglycaemia education

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