

# Autism Assessment Pathway – Adult Neurodevelopmental Service Referrals Coventry, Rugby, and Warwickshire Areas

## **✓** Eligibility Criteria

To be eligible for referral to the **Autism Pathway**, a patient must:

- Be aged 18 years or older
- Be registered with a GP in Coventry, Rugby, South or North Warwickshire areas
- Not have a previous medical diagnosis of Autism Spectrum Disorder (ASD)
- Not currently be under Acute or Community Mental Health Services (excluding IAPT/Talking Therapies)
- Not have a known Learning Disability
- Only be referred directly by their registered GP

## Referral Process for GP's

- 1. Patient completes the **AQ10** Autism Questionnaire with their GP:
  - o Link to AQ10: AQ10 Questionnaire

**Referral** is made **only** for patients with an **AQ10** score of **6 or above**.

- 2. If the patient scores **6 or above**, the GP must send:
  - o **Completed** AQ10 form
  - Supporting letter from the GP with additional narrative regarding the patient's impact on function (e.g., social, work, or family life)



#### Supporting Information Required for Autism Referrals

Documented evidence of significant life-long functional impairment (since childhood) in two or more areas:

- Family life
- Work
- Education
- Self-care
- Social life

**Additionally**, provide evidence of **one or more** of the following:

- Persistent difficulties in social interaction
- Persistent difficulties in social communication
- Stereotypic behaviours (rigid/repetitive behaviours), resistance to change, or restricted interests

And one or more of the following:

- Problems obtaining or sustaining employment or education
- Difficulties in initiating or sustaining social relationships



### Referral Contact Details

Send referrals to:

#### **Adult Neurodevelopmental Service**

Wayside House Wilsons Lane Coventry CV6 6NY



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