

# ADHD Assessment Pathway – Adult Neurodevelopmental Service Referrals Coventry, Rugby, and Warwickshire Areas

## Eligibility Criteria

To be eligible for referral to the **ADHD Pathway**, a patient must:

- Be aged 17 years or older
- Be registered with a GP in Coventry, Rugby, South or North Warwickshire areas
- Not have a previous medical diagnosis of ADHD
- Not currently be under Acute or Community Mental Health Services (excluding IAPT/Talking Therapies)
- Not have a known Learning Disability
- Only be referred directly by their registered GP

# Referral Process for GP's

- 1. Patient completes ASRS-v1.1 (Adult ADHD Self-Report Scale) with their GP:
  - Link to ASRS: ASRS-v1.1

**Referral** is made **only** for patients with an **ASRS** score of **4 or above** in **Section A**. (**Part B** provides additional insights. Focus on marks in shaded boxes).

- 2. If the patient scores 4 or above in Section A, the GP must send:
  - Completed ASRS form
  - Supporting letter from the GP with additional narrative regarding the patient's impact on function (e.g., social, work, or family life)



### Supporting Information Required for ADHD Referrals

Documented evidence of significant life-long functional impairment (since childhood) in two or more areas:

- Family life
- Work
- Education
- Self-care
- Social life
- Risk-taking behaviour

#### Symptoms may include:

- Inattention: Forgetfulness, poor attention, disorganisation, procrastination, distractibility, etc.
- Hyperactivity: Restlessness, fidgeting, over-scheduling, excessive talking, sleep difficulties
- Impulsivity: Interrupting, blurting out, addictions, reckless behaviour, low frustration tolerance



#### Referral Contact Details

Send referrals to:

#### **Adult Neurodevelopmental Service**

Wayside House Wilsons Lane Coventry CV6 6NY



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