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| [Latest information for practices](file:///Applications/Microsoft%20Outlook.app/Contents/Frameworks/EmailRendererKit.framework/Resources/reactRenderer_mac.html#Latest-information-for-practices)     [Trainings, events & surveys](file:///Applications/Microsoft%20Outlook.app/Contents/Frameworks/EmailRendererKit.framework/Resources/reactRenderer_mac.html#Training-events-surveys)    [Newsletters](file:///Applications/Microsoft%20Outlook.app/Contents/Frameworks/EmailRendererKit.framework/Resources/reactRenderer_mac.html#Newsletters)     [Vacancies](file:///Applications/Microsoft%20Outlook.app/Contents/Frameworks/EmailRendererKit.framework/Resources/reactRenderer_mac.html#Vacancies) |

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| **Latest information for practices**                                **Reminder: Changes to NHSmail**Do you use NHSmail? Everyone who uses NHSmail will need to set up multi-factor authentication (MFA). It’s important that you set up MFA on your account to avoid any issues accessing NHSmail. You will need to set this up to avoid losing access to your nhs mail account on 31 March 2024. It is advised that this is actioned sooner rather than later                                  MFA is in addition to your usual email address and password and requires you to set up a second form of authentication, such as an authentication app on your mobile phone, a text message, or a phone call. Setting up MFA is vital as it helps protect your account, assists in limiting data breaches, and safeguards patient data.                                  To setup MFA on your account, simply login to your NHSmail account and follow these [**instructions.**](https://gbr01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fcwicb.net%2Fc%2FAQjhrw8Q8rhkGIDEnHAgq9C_FO4WmQHmktFtC-eV7g7HstBD4ELj9z3ajukHeRk-NENl&data=05%7C02%7Candy.beaumont3%40nhs.net%7Cb5ed5c966267444679cf08dc2eef5639%7C37c354b285b047f5b22207b48d774ee3%7C0%7C0%7C638436852706747467%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C0%7C%7C%7C&sdata=txP5rMayGqr3XtPmgF7UBbipS7Q0avS4srIjobzkRRc%3D&reserved=0)                                 Details have been provided above on how to setup MFA by logging in to the users NHSmail account and following instructions.                                   Generic mailboxes are not able to do the MFA, therefore IT delivery partners are looking at what the requirements are in terms of workarounds/trainings, and they will communicate these to practices. If a shared mailbox is used, then the MFA steps will be processed when the user logs into their account to access this mailbox. If a generic account is set up for practices, then IT providers will need to recreate the mailbox as NHS MAIL will not accept generic accounts.                                  The options available for NHS MAIL MFA will be:* text message
* phone call
* authenticator app on the phone,
* alternatively, a token can be used.

                                 A concern was raised for practice staff who do not have, or do not wish to use, a personal mobile phone for SMS or the authenticator app. The IT providers have sourced the below token that practices can purchase to resolve this:[**FIDO2 Security Key, Thetis [Aluminum Folding Design] Universal Two Factor Authentication USB (Type A) for Extra Protection in Windows/Linux/Mac OS, Gmail,Facebook,Dropbox,SalesForce,GitHub - Black : Amazon.co.uk: Computers & Accessories**](https://gbr01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fcwicb.net%2Fc%2FAQjhrw8Q8rhkGIDEnHAgrNC_FCmHF8elXfXqXL1xFeM5OPxRJZ5-2KNMHFemcdrrXegD&data=05%7C02%7Candy.beaumont3%40nhs.net%7Cb5ed5c966267444679cf08dc2eef5639%7C37c354b285b047f5b22207b48d774ee3%7C0%7C0%7C638436852706758194%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C0%7C%7C%7C&sdata=ZTzPc0bXLi1NuOtN3FZ%2B3Ize6WclAAzLPJ8mWvrzZdQ%3D&reserved=0)**Reminder: Regional MMR update**Please see attached regional [**MMR update letter**](https://gbr01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fcwicb.net%2Fc%2FAQjhrw8Q8rhkGIDEnHAgu7y_FPMjASKdTR1cxfrwo9hf9GNkxYVPW4o-OZhINYVag17Q&data=05%7C02%7Candy.beaumont3%40nhs.net%7Cb5ed5c966267444679cf08dc2eef5639%7C37c354b285b047f5b22207b48d774ee3%7C0%7C0%7C638436852706765859%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C0%7C%7C%7C&sdata=wuX9mFCQPtE1knQMcmWbDWw7qgDG9CKvnBk%2F%2FnRdSzs%3D&reserved=0) and [**WM GP Toolkit**](https://gbr01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fcwicb.net%2Fc%2FAQjhrw8Q8rhkGIDEnHAglsG_FMiIhHVgcS8anFd02xxzeYMjGQnvlptKOAnGxHS9cbOP&data=05%7C02%7Candy.beaumont3%40nhs.net%7Cb5ed5c966267444679cf08dc2eef5639%7C37c354b285b047f5b22207b48d774ee3%7C0%7C0%7C638436852706773078%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C0%7C%7C%7C&sdata=Bw%2BEA9rvvqOOa2eoqqUD0L66froEIAoyLNS%2BoZaiNzk%3D&reserved=0) for your attention.                                 **The Talking Therapies Professional Online Referral Form is live!**Coventry, Warwickshire and Solihull Talking Therapies is pleased to announce the launch of our [**professional online referral form**](https://gbr01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fcwicb.net%2Fc%2FAQjhrw8Q8rhkGIDEnHAgvLy_FMMV1PpBh_hsdt_6GFQnWQdf7SqZ2HM2rTnAWbFdS3uT&data=05%7C02%7Candy.beaumont3%40nhs.net%7Cb5ed5c966267444679cf08dc2eef5639%7C37c354b285b047f5b22207b48d774ee3%7C0%7C0%7C638436852706780912%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C0%7C%7C%7C&sdata=%2B1b4yEqjGf0t6Kzy9r6gbXSADn9%2BrFEXviovRPlulGI%3D&reserved=0). The form resides on the home page of the [**Talking Therapies website**](https://gbr01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fcwicb.net%2Fc%2FAQjhrw8Q8rhkGIDEnHAgvby_FG_kJoXIjn0VV3j1EJ8rxWV1rItHAazX7ucQuW6JSHhe&data=05%7C02%7Candy.beaumont3%40nhs.net%7Cb5ed5c966267444679cf08dc2eef5639%7C37c354b285b047f5b22207b48d774ee3%7C0%7C0%7C638436852706787159%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C0%7C%7C%7C&sdata=rXmuwYaEmiti2E7YdHtXsVPTpKSUZuFBFLpBSxOi6ak%3D&reserved=0) where you will see a green box on the top that says ‘Professional Referral.’           This referral form will enable all mental health and physical health professionals (nurses, doctors, physiotherapists, social workers, etc) to refer patients to our service easily and efficiently with the click of a button. It is available for immediate use.        If you have any questions, please contact Charysse Harper, Communications and Engagement Lead for Talking Therapies, **charysse.harper@covwarkpt.nhs.uk**                                 **Please Use Talking Therapies for Anxiety and Depression**Request:Please refer lots of patients to [**Talking Therapies**](https://gbr01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fcwicb.net%2Fc%2FAQjhrw8Q8rhkGIDEnHAgy72_FODfhzpl8jBMKQQDvejISvhm3gPWurhJql-vfHg30R4t&data=05%7C02%7Candy.beaumont3%40nhs.net%7Cb5ed5c966267444679cf08dc2eef5639%7C37c354b285b047f5b22207b48d774ee3%7C0%7C0%7C638436852706793052%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C0%7C%7C%7C&sdata=mQ8cIG9Zy8tUoLt1vQfCc3QWsTLM7sup8paDWqbcUJI%3D&reserved=0) via the [**professional online referral form**](https://gbr01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fcwicb.net%2Fc%2FAQjhrw8Q8rhkGIDEnHAgzL2_FDMXg3QK8ILlFM9xlD0ZttHid03-SNewOx8qaPTcKLjI&data=05%7C02%7Candy.beaumont3%40nhs.net%7Cb5ed5c966267444679cf08dc2eef5639%7C37c354b285b047f5b22207b48d774ee3%7C0%7C0%7C638436852706799077%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C0%7C%7C%7C&sdata=BY33dxUkWsxYYEyhUBGLXJqojykgUgoXWGjBUQG21XI%3D&reserved=0) or encourage [**self-referral**](https://gbr01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fcwicb.net%2Fc%2FAQjhrw8Q8rhkGIDEnHAgzb2_FMt17lVGPQMnWlD0nN-axabFZcYC7-CJVMsftm-KsX0O&data=05%7C02%7Candy.beaumont3%40nhs.net%7Cb5ed5c966267444679cf08dc2eef5639%7C37c354b285b047f5b22207b48d774ee3%7C0%7C0%7C638436852706805025%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C0%7C%7C%7C&sdata=OqlhcE3jUCNYBoJuru5FVMWKJWTQxkrBJ5pQ4%2F3uycc%3D&reserved=0), because lots of talking therapy is available!         Why:Due to a recovery plan we have a massive improvement in our 16plus waiting times and they are anticipated to reduce even further.        **The service have the capacity to manage double the referrals immediately.**We also have a greater range of services including: o   Cognitive Behavioural Therapy (CBT) o   Computerised Cognitive Behavioural Therapy (CCBT)o   Counselling for Depression (CfD)o   Couples Therapy for Depression (CTfD)o   Dynamic Interpersonal Therapy (DIT)o   Eye Movement Desensitization and Reprocessing (EMDR)o   Group work * Compassion-focused therapy
* Post-natal emotional wellbeing
* Living Well with Long-Term Conditions
* Stress Matters
* Managing Depression

                                 ·         Reduced Waiting timeso   From referral, it will take a maximum of two weeks for an assessmento   After the assessment, it can take between 4-14 weeks to start treatment dependent on the type required                                 ·         Capacityo   Capacity is shared across the whole service to ensure there is no delay. Because of this, time period for waiting times is guaranteed for all patients regardless of where they reside.                                 ·         Who we treato   Symptoms * Mild, moderate and moderate to severe symptoms of anxiety, panic and low mood, this includes long-term health (diabetes and chronic pain), phobias, obsessive-compulsive disorder and perinatal wellbeing

o   Criteria * Anyone living in Coventry, Warwickshire and Solihull who is 16 years and older and registered with a GP

                                 ·         Additional Support while waiting         We also provide unsupported SilverCloud as a waiting list self-help option and supported SilverCloud to help guide patients through treatment who do not want to see a therapist·         How to refero   Phone – 024 7667 1090  (Telephone and Referral Centre, TaRC; Monday – Friday, 9am – 4.30pm)o   Online – [**www.talkingtherapies.covwarkpt.nhs.uk/referral-form-for-professionals**](https://gbr01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fcwicb.net%2Fc%2FAQjhrw8Q8rhkGIDEnHAgzr2_FBMWeTVYUcWlA-rBzV0n1LRNjKIjcjco5nlo_GyNJtqH&data=05%7C02%7Candy.beaumont3%40nhs.net%7Cb5ed5c966267444679cf08dc2eef5639%7C37c354b285b047f5b22207b48d774ee3%7C0%7C0%7C638436852706810998%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C0%7C%7C%7C&sdata=ALnvwVm0Eu1VZ7ZHfYwK371oRG9rWA0bh1%2BdfU7R7Po%3D&reserved=0)* Patients can also self-refer online - [**www.talkingtherapies.covwarkpt.nhs.uk/self-referral**](https://gbr01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fcwicb.net%2Fc%2FAQjhrw8Q8rhkGIDEnHAgz72_FGfaE3QLza5_CbVpuxQJfJZaEvGVtB2ePlLcR2KBGuJm&data=05%7C02%7Candy.beaumont3%40nhs.net%7Cb5ed5c966267444679cf08dc2eef5639%7C37c354b285b047f5b22207b48d774ee3%7C0%7C0%7C638436852706816974%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C0%7C%7C%7C&sdata=nCmGECmKTT69zZjFG0F2Q%2BPOLrk6TzemzaKE84qrz5c%3D&reserved=0)

o   Email: Telephone and Referral Centre -  **talkingtherapies@covwarkpt.nhs.uk**o   Website:  [**www.talkingtherapies.covwarkpt.nhs.uk/self-referral**](https://gbr01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fcwicb.net%2Fc%2FAQjhrw8Q8rhkGIDEnHAgz72_FGfaE3QLza5_CbVpuxQJfJZaEvGVtB2ePlLcR2KBGuJm&data=05%7C02%7Candy.beaumont3%40nhs.net%7Cb5ed5c966267444679cf08dc2eef5639%7C37c354b285b047f5b22207b48d774ee3%7C0%7C0%7C638436852706822676%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C0%7C%7C%7C&sdata=VafZaGBJoVJDFG8HJEanJpCpszoUUoWR6WSZ4uBfoBk%3D&reserved=0)                                   **Non-Specific Symptoms Pathway – Systemwide Referral Form**The Non-Specific Symptoms Pathway Referral Form has now been merged into a systemwide form, with contact details for all three Trusts included.  The form, along with other related documentation, is available on the GP Gateway – the links can be found below:-Coventry and Rugby [**https://www.coventryrugbygpgateway.nhs.uk/pages/non-specific-symptoms-pathway-for-a-possible-cancer-diagnosis/**](https://gbr01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fcwicb.net%2Fc%2FAQjhrw8Q8rhkGIDEnHAg0L2_FB-3j3CHoS7csnx0YwONkTxMopIMuIAnbySQvUPPUjzo&data=05%7C02%7Candy.beaumont3%40nhs.net%7Cb5ed5c966267444679cf08dc2eef5639%7C37c354b285b047f5b22207b48d774ee3%7C0%7C0%7C638436852706828295%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C0%7C%7C%7C&sdata=6SyAoG8ujbOvB1xyQwNV03zbQpYCuj8Gw3mg%2Ffn12cA%3D&reserved=0)       Warwickshire North [**https://www.coventryrugbygpgateway.nhs.uk/pages/non-specific-symptoms-pathway-for-suspected-cancer-north-warwickshire-patients-only/**](https://gbr01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fcwicb.net%2Fc%2FAQjhrw8Q8rhkGIDEnHAg0b2_FOTxjWG5W8Kb5BKJxaGpUiv8HEYYxiOPc_KxsE4IJGya&data=05%7C02%7Candy.beaumont3%40nhs.net%7Cb5ed5c966267444679cf08dc2eef5639%7C37c354b285b047f5b22207b48d774ee3%7C0%7C0%7C638436852706834238%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C0%7C%7C%7C&sdata=C2nNWxhXa%2BNZAWL90JRXT5DTYcP5tir4SPtR2sWJf8c%3D&reserved=0)      South Warwickshire [**https://www.coventryrugbygpgateway.nhs.uk/pages/non-specific-symptoms-pahway-for-suspected-cancer-south-warwickshire-patients-only/**](https://gbr01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fcwicb.net%2Fc%2FAQjhrw8Q8rhkGIDEnHAg0r2_FPiW5vWFXpv-xHYH3_3P7FB6jGGQ_EvYPqpnhOwZHIBv&data=05%7C02%7Candy.beaumont3%40nhs.net%7Cb5ed5c966267444679cf08dc2eef5639%7C37c354b285b047f5b22207b48d774ee3%7C0%7C0%7C638436852706839781%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C0%7C%7C%7C&sdata=8MI4cI9EpM6yCjX3WEjxVoe3yHqpqLZO7qGcrXg02v0%3D&reserved=0)Please note that the links go to the same form.      The form is also downloadable to North Warwickshire GPs on the PCIT Referral Tree.If you have any queries, please contact **joanne.bowers7@nhs.net**.               **Lower GI – Systemwide Referral Form**A reminder that the revised Lower GI Referral Form is now launched across the system; link to the form is as follows:- <https://www.coventryrugbygpgateway.nhs.uk/pages/gi-lower/>                                 The form is also downloadable to North Warwickshire GPs on the PCIT Referral Tree.                                 If you have any queries, please contact **joanne.bowers7@nhs.net**.**Reminder: Submit your application for the Learning Disability Friendly Badge**We can confirm that the first panel for the new Learning Disability Friendly Badge accreditation will be taking place in April. The deadline for submitting applications is **Thursday 29 February.**You can apply using [this form](https://gbr01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fcwicb.net%2Fc%2FAQjhrw8Q8rhkGIDEnHAgrdC_FFsT-tik7qbng4Tw1dsxFCLcWeZKJoDWbXxjL_YdSgKy&data=05%7C02%7Candy.beaumont3%40nhs.net%7Cb5ed5c966267444679cf08dc2eef5639%7C37c354b285b047f5b22207b48d774ee3%7C0%7C0%7C638436852706845660%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C0%7C%7C%7C&sdata=m0q2VxZR87%2BxPrT%2FuE4GIhuMSOsu%2FBb0BdrPPU5i3Zo%3D&reserved=0).We are very pleased with the response so far and we’d like to thank everyone who has already applied and engaged with the initiative so positively. If you were unable to attend the launch event or webinar, you can now [view the recording](https://gbr01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fcwicb.net%2Fc%2FAQjhrw8Q8rhkGIDEnHAgrtC_FLgXR-_N72h_vBCtZqV-bX2sckEbwMbaJw6i05wU8f9l&data=05%7C02%7Candy.beaumont3%40nhs.net%7Cb5ed5c966267444679cf08dc2eef5639%7C37c354b285b047f5b22207b48d774ee3%7C0%7C0%7C638436852706851583%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C0%7C%7C%7C&sdata=GIzm7XvLHTloORK%2BNQ%2FeXTnffrlO4X5LKkBAEnRLsRc%3D&reserved=0) of the session. We would recommend watching this if you’d like to find out more about the badge, and about the application process. To be awarded the accreditation, GP practices will need to demonstrate that they meet the following criteria:1. The GP practice has an identified Learning Disability Champion
2. People with a learning disability receive personalised care
3. People with a learning disability receive high quality Learning Disability Annual Health Checks that improve their health outcomes
4. The GP practice makes reasonable adjustments to enable easier access and improve patients’ experience of their care.
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| **Training, events & surveys****Pharmacy First PLT session**The new Pharmacy first service went live on 31st January. This is an extension of the CPCS service which had been used to refer patients with low acuity illnesses to their local community pharmacy rather than using a GP appointment. The expansion of the service allows Pharmacists to provide prescription only medicines under patient group directions for 7 common conditions (UTIs, Sore throats, Sinnusitis, Impetigo, Shingles, Otitis media, infected insect bites). We feel this will further utilise community pharmacies skill mix and also increase the number of patients that can safely be referred to their local pharmacy. We appreciate this will be a significant change for practice and pharmacy staff moving forward but hope it can have a real positive impact on patients and access to primary care services. As part of this we are offering a short **training/Question and answer session to all practice teams as part of the Coventry PLT on 21st February.** The session will run from **1.30-2.30pm** and will involve a short training session on how to make referrals and what can/cannot be referred. We will also have time at the end for questions and answers. The meeting link can be found [**here**](https://gbr01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fcwicb.net%2Fc%2FAQjhrw8Q8rhkGIDEnHAgxr-_FJtTBWgIqnhB8zWhOMD8cyYzMfftcO4lW0EpnCJOm1Yg&data=05%7C02%7Candy.beaumont3%40nhs.net%7Cb5ed5c966267444679cf08dc2eef5639%7C37c354b285b047f5b22207b48d774ee3%7C0%7C0%7C638436852706863020%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C0%7C%7C%7C&sdata=bIQYdLTYLnSwdPs1vhLuWxXE2Lu7vC6LQSdFzyzQR40%3D&reserved=0)  and the login details are: Meeting ID: 389 640 473 237 Passcode: SrwM5mWe look forward to seeing you all then and hope the session is useful. **Upcoming National Primary Care Webinar**East London NHS Foundation Trust are excited to announce their partnership with NHS England in promoting their National Future of Primary Care webinar series. Their next event, scheduled for **February 21st  at 7 pm,** promises to be insightful and groundbreaking.**Speakers:**Dr. Gillian Orrow, GP and Director at Growing Health Together (NHS Surrey)Dr. Mohit Venkataram, Executive Director of Primary Care, ELFT    **Key Topics:**Explore the neighbourhood approach to integrated primary care, led by the East Surrey Alliance.Understand the benefits, strategies, and outcomes of Surrey's primary care model.* [**Event Registration: [Join on Zoom]**](https://gbr01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fcwicb.net%2Fc%2FAQjhrw8Q8rhkGIDEnHAgmbO_FCyOrFlXeG0xsQeMyXBu5Vfpw9iQMhd2utD6NzRRLdyp&data=05%7C02%7Candy.beaumont3%40nhs.net%7Cb5ed5c966267444679cf08dc2eef5639%7C37c354b285b047f5b22207b48d774ee3%7C0%7C0%7C638436852706868925%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C0%7C%7C%7C&sdata=mxqpNQ8fGMpZ7d73hC0S3FC9Hv1MO78I%2FSdUGOUc8UI%3D&reserved=0)
* More details are available on the [**ELFT website**](https://gbr01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fcwicb.net%2Fc%2FAQjhrw8Q8rhkGIDEnHAgmrO_FH-vWepy9AisXpdD2sdy8TPAauKyIuystu__mekgfr1C&data=05%7C02%7Candy.beaumont3%40nhs.net%7Cb5ed5c966267444679cf08dc2eef5639%7C37c354b285b047f5b22207b48d774ee3%7C0%7C0%7C638436852706874465%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C0%7C%7C%7C&sdata=mNvHgXiRiM8MzxuPeYZ9u4VngZNpGJSXRA%2BaExCojVE%3D&reserved=0)
* Poster [**attached**](https://gbr01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fcwicb.net%2Fc%2FAQjhrw8Q8rhkGIDEnHAgm7O_FL6bqAuWC0R_pSO4KHVTkcnnPlVJZY-Lbi4L7jwJFoR5&data=05%7C02%7Candy.beaumont3%40nhs.net%7Cb5ed5c966267444679cf08dc2eef5639%7C37c354b285b047f5b22207b48d774ee3%7C0%7C0%7C638436852706880368%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C0%7C%7C%7C&sdata=ozb%2BYPpgInU6qJuaw1Gy1N0Ji8qRhTGr1XPXFhz9G1M%3D&reserved=0)

**EMIS-X webinars - further dates added**Following the success of our first webinar last week we have released dates for another two sessions.[**Wednesday 28th February 1pm-2pm**](https://gbr01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fcwicb.net%2Fc%2FAQjhrw8Q8rhkGIDEnHAgx7-_FEqGFpUPsjjVR9fIg8MpZMCElziX6SURlumuj6t8ATKn&data=05%7C02%7Candy.beaumont3%40nhs.net%7Cb5ed5c966267444679cf08dc2eef5639%7C37c354b285b047f5b22207b48d774ee3%7C0%7C0%7C638436852706886236%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C0%7C%7C%7C&sdata=pWCvLd0j53OKJzvMYDyeChpUPEarrk9niBnBgU7y0%2B0%3D&reserved=0)[**Wednesday 13th March 1pm-2pm**](https://gbr01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fcwicb.net%2Fc%2FAQjhrw8Q8rhkGIDEnHAgyL-_FHjgP1OV3Ae7tgUWqOobmTNAPGKZY8U3npXW_fnWqhhZ&data=05%7C02%7Candy.beaumont3%40nhs.net%7Cb5ed5c966267444679cf08dc2eef5639%7C37c354b285b047f5b22207b48d774ee3%7C0%7C0%7C638436852706892110%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C0%7C%7C%7C&sdata=fGrpH6IBj0V%2FnZnEeMVjHGjbD0rzjfhnDYdI%2BzOXPeY%3D&reserved=0)**Lunch and Learn sessions for March and April 2024****The Launch of the Type 2 diabetes remission programme (T2DR) in Coventry and Warwickshire from 1st April 2024.**The new NHS Type 2 Diabetes Path to Remission (T2DR) Programme will accept referrals from 1st April 2024.  Based on the DiRECT study, the T2DR programme supports eligible patients referred by GP practices to reduce their weight and medications and potentially put their diabetes into remission and improve comorbidities and quality of life.     **On average participants lose 10-15% of their starting weight.**      Commissioned by NHS England and C&W ICB the programme is delivered by Momenta Newcastle (Momenta).  It has three phases over 12 months:-       Total Diet Replacement: 3 months of specially formulated ‘soup and shakes’-       Food Reintroduction: 6 weeks of reintroducing healthy ‘real food’ and physical activity -       Weight Maintenance: Ongoing behaviour change and healthy lifestyle support to 12 months.     The programme, including all products, is **FREE.**  Participants choose between in-person or digital pathways - both one to one and supported by a trained coach.  Participants are monitored regularly (weight, blood glucose and blood pressure if appropriate).  Click visit <https://momentanewcastle.com/t2dr-cw>  for patient information.    **To book on the T2DR education session at 12pm on March 5th**visit  [https://outlook.office365.com/owa/calendar/T2DRWeeklydropinsessions@momentanewcastle.com/bookings/s/0yTkYn9x0kq2Ng4BHJwA2w2](https://outlook.office365.com/owa/calendar/T2DRWeeklydropinsessions%40momentanewcastle.com/bookings/s/0yTkYn9x0kq2Ng4BHJwA2w2) .**The sessions will be held via MS Teams.**You will receive more information on eligibility criteria, pathways, medications adjustment protocols and referral support tools.  We recommend that at least one person per practice attends.  If you cannot make the March date there is another webinar on the same link at 12pm on April 10th.    **Outcomes of NHSE pilot and the DiRECT** study for people living with Type 2 diabetes and obesity or overweight:1.    Reduced weight by over 10kg on average2.    Improved blood sugar levels 3.    Reduced diabetes-related and other medication 4.    Almost half of participants put their Type 2 diabetes into remission (DiRECT study).    Eligible referrals will qualify for the Weight Management Enhanced Service incentive.  With the national GLP-1 shortage, practices are encouraged to consider whether this service could provide a helpful alternative approach for those willing to participate in the programme.    For any **general queries** regarding the NHS Type 2 Diabetes Path to Remission Programme please contact **alison.flynn5@nhs.net**     **EMIS Roadshow**Join us Thursday 16th May at Uttoxeter Racecourse for a day of interactive sessions, networking, and collaboration.[**Session | Staffordshire Roadshow | EMIS (emishealth.com)**](https://gbr01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fcwicb.net%2Fc%2FAQjhrw8Q8rhkGIDEnHAgy7-_FLuQUfwa2rbEMcoHwz_ucA7I0eoZP6UhUQ1efr6Hbb84&data=05%7C02%7Candy.beaumont3%40nhs.net%7Cb5ed5c966267444679cf08dc2eef5639%7C37c354b285b047f5b22207b48d774ee3%7C0%7C0%7C638436852706897900%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C0%7C%7C%7C&sdata=4fcclE7lOfIscROfdQ%2BBrIXh%2FZwo8vFBf2IYKiHdDGE%3D&reserved=0)Join us Thursday 11th April at Cranmore Park for a day of interactive sessions, networking, and collaboration.[**Session | West Midlands Roadshow | EMIS (emishealth.com)**](https://gbr01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fcwicb.net%2Fc%2FAQjhrw8Q8rhkGIDEnHAgzL-_FAJuALIhqc2Rt8f7cWuozZ8g6EIb_DrCrmbtibpmtKSW&data=05%7C02%7Candy.beaumont3%40nhs.net%7Cb5ed5c966267444679cf08dc2eef5639%7C37c354b285b047f5b22207b48d774ee3%7C0%7C0%7C638436852706903940%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C0%7C%7C%7C&sdata=RVHr7CbpoImFXCg1WmPWCAi1gYYOXb9DwehjSBNM%2FR0%3D&reserved=0)    **Newsletters****EMIS Newsletter**Please find [**attached**](https://gbr01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fcwicb.net%2Fc%2FAQjhrw8Q8rhkGIDEnHAgzb-_FIQGXJxNg7Ye6nWFXTUW4tg8hDEjWwDZKmnwgmihdFCv&data=05%7C02%7Candy.beaumont3%40nhs.net%7Cb5ed5c966267444679cf08dc2eef5639%7C37c354b285b047f5b22207b48d774ee3%7C0%7C0%7C638436852706909838%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C0%7C%7C%7C&sdata=i4aDo%2FTDM5S6LPVcIfp1V0V9sVRgDsCOa%2F1t2ypiPBQ%3D&reserved=0) the weekly newsletter from EMIS with latest updates.    **Vacancies**None      |