A blue circle with white background

Description automatically generated

|  |
| --- |
| [Latest information for practices](file:///Applications/Microsoft%20Outlook.app/Contents/Frameworks/EmailRendererKit.framework/Resources/reactRenderer_mac.html" \l "Latest-information-for-practices" \o "#Latest-information-for-practices)     [Trainings, events & surveys](file:///Applications/Microsoft%20Outlook.app/Contents/Frameworks/EmailRendererKit.framework/Resources/reactRenderer_mac.html#Training-events-surveys)    [Newsletters](file:///Applications/Microsoft%20Outlook.app/Contents/Frameworks/EmailRendererKit.framework/Resources/reactRenderer_mac.html#Newsletters)    [Vacancies](file:///Applications/Microsoft%20Outlook.app/Contents/Frameworks/EmailRendererKit.framework/Resources/reactRenderer_mac.html#Vacancies) |

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
| |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | | |  |  |  | | --- | --- | --- | | |  |  | | --- | --- | | |  | | --- | | A blue sign with white letters  Description automatically generated | | |  |  |  |  | | --- | --- | --- | | |  |  | | --- | --- | | |  | | --- | | **Latest information for practices**  **Reminder: Falsified diazepam products**  Please see information received from the Warwickshire Local Drug Information System [**LDIS@warwickshire.gov.uk**](mailto:LDIS@warwickshire.gov.uk)  [**https://safeinwarwickshire.com/substance-misuse**](https://gbr01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fcwicb.net%2F5ECH-YHLF-3W4C1S-P5YP8-1%2Fc.aspx&data=05%7C02%7Candy.beaumont3%40nhs.net%7Cb659da547e6546ddd68e08dc18f64ef4%7C37c354b285b047f5b22207b48d774ee3%7C0%7C1%7C638412693429626012%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=YUkIU%2B6KE8ssXNmjsnLFN4P2Pd1UFwh7OsVMuH6rp4g%3D&reserved=0)  Please see attached [**MHRA alert**](https://gbr01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fcwicb.net%2F5ECH-YHLF-3W4C1S-P5YP9-1%2Fc.aspx&data=05%7C02%7Candy.beaumont3%40nhs.net%7Cb659da547e6546ddd68e08dc18f64ef4%7C37c354b285b047f5b22207b48d774ee3%7C0%7C1%7C638412693429782244%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=UQhw10dJMXMXHHYB7owEHsAeGDwdeffwxtb5aotE9e4%3D&reserved=0) to CDLOs regarding [**falsified diazepam products**](https://gbr01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fcwicb.net%2F5ECH-YHLF-3W4C1S-P5YPA-1%2Fc.aspx&data=05%7C02%7Candy.beaumont3%40nhs.net%7Cb659da547e6546ddd68e08dc18f64ef4%7C37c354b285b047f5b22207b48d774ee3%7C0%7C1%7C638412693429782244%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=vbJ9qfzyUrnOw9mDJm5hUkXJDbClPn2uJfziPwytdU8%3D&reserved=0) and Change Grow Live guidance on staying safe and helping others.  MHRA has continued to receive regular referrals to falsified diazepam products circulating on the UK black market.  Law Enforcement across the UK are seizing these products. Previously the most copied brand was Actavis. The Actavis brand has now been retired for over 3 years and no stock with this brand is now legitimately available in the UK. The brand is now owned by Accord UK.  **In October 2023 Accord reported a case where these tablets were found to contain a mix of Metonitazene, Bromazolam and Pregabalin.**  **Nitazenes such as Metonitazene are potent synthetic opioids, and this is a dangerous combination of substances.**  Advice for staying safe and helping others is attached and below. Please cascade as appropriate.  **Change Grow Live (Cgl) - Warwickshire Adult Drug and Alcohol Service**   * [Visit the**Change Grow Live website**](https://gbr01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fcwicb.net%2F5ECH-YHLF-3W4C1S-P5ZB7-1%2Fc.aspx&data=05%7C02%7Candy.beaumont3%40nhs.net%7Cb659da547e6546ddd68e08dc18f64ef4%7C37c354b285b047f5b22207b48d774ee3%7C0%7C1%7C638412693429782244%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=X6sZk%2FH1fU3JZaAYKc4pfBgKHLe0xD8Ijqe%2BxJiBVMs%3D&reserved=0) * [**Self-referrals or professional referrals to Change Grow Live**](https://gbr01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fcwicb.net%2F5ECH-YHLF-3W4C1S-P5ZB8-1%2Fc.aspx&data=05%7C02%7Candy.beaumont3%40nhs.net%7Cb659da547e6546ddd68e08dc18f64ef4%7C37c354b285b047f5b22207b48d774ee3%7C0%7C1%7C638412693429782244%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=PVLy1IN9SEA9ZlBGLZOoStYai5lTa%2F2f7FREjHSsCq8%3D&reserved=0)     **Compass – Warwickshire Children and Young People’s Drug and Alcohol Service**   * Tel: 01788 578 227 * [Visit the **Compass website**](https://gbr01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fcwicb.net%2F5ECH-YHLF-3W4C1S-P5ZB9-1%2Fc.aspx&data=05%7C02%7Candy.beaumont3%40nhs.net%7Cb659da547e6546ddd68e08dc18f64ef4%7C37c354b285b047f5b22207b48d774ee3%7C0%7C1%7C638412693429782244%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=LlXlgYVhJ2VRvoasHBAGxK%2F%2B03%2BtLeXMnCQ8JYXUaJs%3D&reserved=0) * [**Young person self-referrals, parent referrals or professional referrals to Compass**](https://gbr01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fcwicb.net%2F5ECH-YHLF-3W4C1S-P5ZBA-1%2Fc.aspx&data=05%7C02%7Candy.beaumont3%40nhs.net%7Cb659da547e6546ddd68e08dc18f64ef4%7C37c354b285b047f5b22207b48d774ee3%7C0%7C1%7C638412693429782244%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=nQRVR9kTkRXb9uU6lLck9jESAAyMsMi37QV5YauUO1M%3D&reserved=0)     **Teledermatology – FAQs**  Thank you to all who have been in touch with queries around the teledermatology pilot.  **Question:**  Is the updated 2ww referral form to be used by all surgeries or just those in Rugby – since that is where the pilot is?  **Answer:**  All surgeries are encouraged to transition to the new form. Much of the information in the teledermatology section of the form was included in the previous form but is now in different section.  Benefits of moving to the updated form (surgeries outside of Rugby):  ·        Your patients will be able to access image capture sites as soon as they come online (new form already in place).  ·        You will be supporting the expansion/development of the pathway in your local area. A better understanding of patient needs will inform future image capture sites and support patient access.  **Question:**  Do I need to explain teledermatology to my patients if I am referring on the 2ww skin pathway?  **Answer:**  For this Rugby pilot, only patients referred by Rugby GPs will be booked into the image capture appointments at St Cross Hospital (from Monday 22nd January).  If you are not a GP in Rugby, you do not need to explain teledermatology to your patients as they will continue to be booked into a face-to-face appointment.  Please continue to send in questions/feedback to [Nicole.dacosta1@nhs.net](mailto:Nicole.dacosta1@nhs.net)    **CPE screening primary care statement**  Following the training provided this week regarding Carbapenemase Producing Enterobacteriaceae (CPE) delivered by Dr Thekli Gee, we are seeking your support.  Please flag to our team ([cw.ipc@nhs.net](mailto:cw.ipc@nhs.net)) if any inappropriate requests are made to the practice from Care Providers to screen patients for CPE infection/colonisation.  This currently sits outside national guidance for the management of CPE colonised/infected patients within the community  [**https://assets.publishing.service.gov.uk/media/63346c44d3bf7f34f1bc882d/Framework\_of\_actions\_to\_contain\_CPE.pdf**](https://gbr01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fcwicb.net%2F5ECH-YHLF-3W4C1S-P5ZCH-1%2Fc.aspx&data=05%7C02%7Candy.beaumont3%40nhs.net%7Cb659da547e6546ddd68e08dc18f64ef4%7C37c354b285b047f5b22207b48d774ee3%7C0%7C1%7C638412693429938506%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=WI%2B4AG5Svi3kMcwZ%2FTFAFDXfs2AtCbTJ27OAmOrQtR0%3D&reserved=0)  Please see [**attached**](https://gbr01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fcwicb.net%2F5ECH-YHLF-3W4C1S-P64TK-1%2Fc.aspx&data=05%7C02%7Candy.beaumont3%40nhs.net%7Cb659da547e6546ddd68e08dc18f64ef4%7C37c354b285b047f5b22207b48d774ee3%7C0%7C1%7C638412693429938506%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=1NTInWuv3UOtmlw633lath7FCvAGhuF9xqzNUc0r6N4%3D&reserved=0) some essential information guidance from the ICB Infection Control Team around PPE which was bought up during the session with the GPs.    **Op COURAGE: The Veterans Mental Health and Wellbeing Service**  After serving in the Armed Forces, some people find it hard to adjust to civvy street. If you’re struggling with your mental health and wellbeing, Op COURAGE: The Veterans Mental Health and Wellbeing Service is here to help. Available across England, Op COURAGE has helped nearly 30,000 people since 2017.    Op COURAGE is an NHS service developed with people who’ve served in the Armed Forces and experienced mental ill-health. Everyone at Op COURAGE is either from the Armed Forces or has experience of working with the military community. Whether you’re due to leave the Armed Forces, are a reservist or have already left the military, Op COURAGE can help.    **Find out more about your local service, Op COURAGE Midlands at**[**www.opcouragemidlands.nhs.uk**](https://gbr01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fcwicb.net%2F5ECH-YHLF-3W4C1S-P5ZCI-1%2Fc.aspx&data=05%7C02%7Candy.beaumont3%40nhs.net%7Cb659da547e6546ddd68e08dc18f64ef4%7C37c354b285b047f5b22207b48d774ee3%7C0%7C1%7C638412693429938506%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=lbgwT23dBykzSDxEJMxbRq9XLgXjEmW37IEau2g%2B9JE%3D&reserved=0)    **General Practice - PCN Development Offers (January 2024)**  Please see [**attached**](https://gbr01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fcwicb.net%2F5ECH-YHLF-3W4C1S-P5ZCJ-1%2Fc.aspx&data=05%7C02%7Candy.beaumont3%40nhs.net%7Cb659da547e6546ddd68e08dc18f64ef4%7C37c354b285b047f5b22207b48d774ee3%7C0%7C1%7C638412693429938506%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=ChtT9Gv8sMOCHTW%2FFYHIa90fmEv6v6IqcUSEwkK2RGg%3D&reserved=0) for the updated General Practice – PCN Development offers for January 2024 to share with your Practices and PCNs.    To view the PDF document embedded within the information, click [**here.**](https://gbr01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fcwicb.net%2F5ECH-YHLF-3W4C1S-P5ZCK-1%2Fc.aspx&data=05%7C02%7Candy.beaumont3%40nhs.net%7Cb659da547e6546ddd68e08dc18f64ef4%7C37c354b285b047f5b22207b48d774ee3%7C0%7C1%7C638412693429938506%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=LQvz8oODcjRp7MYPu2ZKKJyG1eB%2F3PM8cifHu9OjXwo%3D&reserved=0)    **ERS Patient Appointment Reminders**  Important information for Primary Care service providers that when booking patients directly Via ERS, please note that SWFT do not send appointment reminder letters to patients, therefore can GP Practices ensure that the patient is aware of their appointment.  **Occupational Health Service**  The OH service for General Practice is outlined in the table in the [**attachment**](https://gbr01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fcwicb.net%2F5ECH-YHLF-3W4C1S-P5ZGV-1%2Fc.aspx&data=05%7C02%7Candy.beaumont3%40nhs.net%7Cb659da547e6546ddd68e08dc18f64ef4%7C37c354b285b047f5b22207b48d774ee3%7C0%7C1%7C638412693429938506%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=3XOQLOQI5L3AaNmOkxytZNI%2F2TTXE4ARGsgysVblquc%3D&reserved=0) and the contact details of providers [**here.**](https://gbr01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fcwicb.net%2F5ECH-YHLF-3W4C1S-P5ZGW-1%2Fc.aspx&data=05%7C02%7Candy.beaumont3%40nhs.net%7Cb659da547e6546ddd68e08dc18f64ef4%7C37c354b285b047f5b22207b48d774ee3%7C0%7C1%7C638412693429938506%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=XhWMpk2i6Yo0bHc24T2MdgG8LImzR2AhxUpsY0NE3ys%3D&reserved=0)    **Guidance to support HC2 application for asylum seekers**  Please follow link to [**Guidance to support HC2 application for asylum seekers.**](https://gbr01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fcwicb.net%2F5ECH-YHLF-3W4C1S-P5ZGX-1%2Fc.aspx&data=05%7C02%7Candy.beaumont3%40nhs.net%7Cb659da547e6546ddd68e08dc18f64ef4%7C37c354b285b047f5b22207b48d774ee3%7C0%7C1%7C638412693429938506%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=x28hYkTtDkYsDAl3M2DEJWg%2FmdufzgD%2BLNcAIaJmjuE%3D&reserved=0)  Asylum seekers often require support to access healthcare and prescriptions.    Accessing prescriptions (and other charged NHS services) can be a challenge, particularly for destitute asylum seekers in temporary Home Office accommodation.    No single organisation is commissioned to specifically support individuals seeking asylum to complete the required forms to get help with health costs they may be entitled to. Those who have low or no income are eligible to apply for an HC2 certificate, a document issued by the NHS Low Income Scheme (NHS LIS), allowing individuals to get full help covering healthcare costs by completing a HC1 form.    This guidance has therefore been produced by a national working group to support those professionals who work with asylum seekers to support access to healthcare and prescriptions. It may also be useful for supporting access for other vulnerable migrants, such as refugees.    **Supporting Pharmacy First and PCARP - GP Connect Update Record**  This functionality in EMIS is currently in pilot. NHS England have instructed that this functionality will be automatically enabled by default for all GP England organisations from February 2024.   * As part of the new [**Pharmacy First service**](https://gbr01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fcwicb.net%2F5ECH-YHLF-3W4C1S-P5ZGY-1%2Fc.aspx&data=05%7C02%7Candy.beaumont3%40nhs.net%7Cb659da547e6546ddd68e08dc18f64ef4%7C37c354b285b047f5b22207b48d774ee3%7C0%7C1%7C638412693430094745%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=HT6nAjDNIYM1mIYQS6ykqQOZ6lc5il4qoN4kxcDw7ZU%3D&reserved=0), as outlined in the Delivery Plan for Recovering Access to Primary Care, we are working with NHS England to enable details of a community pharmacy consultation to be sent back to the patient’s record in EMIS Web * The solution ‘[**GP Connect Update Record’,**](https://gbr01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fcwicb.net%2F5ECH-YHLF-3W4C1S-P5ZGZ-1%2Fc.aspx&data=05%7C02%7Candy.beaumont3%40nhs.net%7Cb659da547e6546ddd68e08dc18f64ef4%7C37c354b285b047f5b22207b48d774ee3%7C0%7C1%7C638412693430094745%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=q51rrv%2FhOATvOXu%2Fb22wMfdPrVmsn%2BiSx8QduM02vnQ%3D&reserved=0) will update a patient's GP record with details of a consultation held at a community pharmacy with [**GP Connect Messaging**](https://gbr01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fcwicb.net%2F5ECH-YHLF-3W4C1S-P5ZH0-1%2Fc.aspx&data=05%7C02%7Candy.beaumont3%40nhs.net%7Cb659da547e6546ddd68e08dc18f64ef4%7C37c354b285b047f5b22207b48d774ee3%7C0%7C1%7C638412693430094745%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=zzOmgCfdnu2EIBuvi8f3rtyLm2NYsr9QYRKILIEju1c%3D&reserved=0) being used to transfer the data in a structured format, informing the GP of the consultation details. * This structured data will be filed on the patient’s record as a provisional consultation and a workflow task created for the data to be reviewed and actioned. Any medication issued will be automatically filed. * We will be notifying users when this new functionality is enabled, you can read more about it on [**EMIS Now**](https://gbr01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fcwicb.net%2F5ECH-YHLF-3W4C1S-P5ZGZ-1%2Fc.aspx&data=05%7C02%7Candy.beaumont3%40nhs.net%7Cb659da547e6546ddd68e08dc18f64ef4%7C37c354b285b047f5b22207b48d774ee3%7C0%7C1%7C638412693430094745%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=q51rrv%2FhOATvOXu%2Fb22wMfdPrVmsn%2BiSx8QduM02vnQ%3D&reserved=0) in order to prepare.     **Talking Therapies patient referral form for professionals**  Talking Therapies is pleased to announce the upcoming launch of our online referral form for professionals. This referral form will enable all mental health and physical health professionals  (nurses, doctors, physiotherapists, social workers, etc) to refer patients to our service easily and efficiently with the click of a button. The form will be on our [**Talking Therapies website**](https://gbr01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fcwicb.net%2F5ECH-YHLF-3W4C1S-P5ZL0-1%2Fc.aspx&data=05%7C02%7Candy.beaumont3%40nhs.net%7Cb659da547e6546ddd68e08dc18f64ef4%7C37c354b285b047f5b22207b48d774ee3%7C0%7C1%7C638412693430094745%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=6aM84gxMDejb8YgbNKdZgdDBmwm%2B1hVcEhntuacMARg%3D&reserved=0) with a specific link to reach it.    This form is currently in development and will be released soon. We will share more details as we move closer to the launch date.    **Talking Therapies – the national launch**  The Talking Therapies phase of the NHS England’s ‘Help Us Help You’ campaign launched on Monday 15 January. This will raise national support for our service especially by targeting those who underutilise our service: Black and South Asian populations and those aged 65+.    There will be a ‘Notes to Self’ activation that will see case study stories brought to life via public displays in Slough, Manchester and Birmingham. There will be adverts on radio including community stations, digital audio and podcasts, social media ([**see attachment**](https://gbr01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fcwicb.net%2F5ECH-YHLF-3W4C1S-P5ZL1-1%2Fc.aspx&data=05%7C02%7Candy.beaumont3%40nhs.net%7Cb659da547e6546ddd68e08dc18f64ef4%7C37c354b285b047f5b22207b48d774ee3%7C0%7C1%7C638412693430094745%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=q5eDKLVeJOedAHd8inofBnrpvlL%2BsYfczlsCq9Y2ZDU%3D&reserved=0)) and search engines, supported by PR and partnership activity. Please do not hesitate to recommend Talking Therapies to anyone you feel can be in need, including yourself.    Remember, Talking Therapies provides effective, confidential and free treatments delivered by trained clinicians. We work with people struggling with feelings of depression or anxiety, such as excessive worry, social anxiety, panic attacks, post-traumatic stress or obsessions and compulsions.    You can self-refer to the [**Coventry and Warwickshire Partnership NHS Trust Talking Therapies**](https://gbr01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fcwicb.net%2F5ECH-YHLF-3W4C1S-P5ZL0-1%2Fc.aspx&data=05%7C02%7Candy.beaumont3%40nhs.net%7Cb659da547e6546ddd68e08dc18f64ef4%7C37c354b285b047f5b22207b48d774ee3%7C0%7C1%7C638412693430094745%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=6aM84gxMDejb8YgbNKdZgdDBmwm%2B1hVcEhntuacMARg%3D&reserved=0) team over the phone (020 7667 1090; Mondays through Fridays 9am-4.30pm) or via [**online referral**](https://gbr01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fcwicb.net%2F5ECH-YHLF-3W4C1S-P5ZL2-1%2Fc.aspx&data=05%7C02%7Candy.beaumont3%40nhs.net%7Cb659da547e6546ddd68e08dc18f64ef4%7C37c354b285b047f5b22207b48d774ee3%7C0%7C1%7C638412693430094745%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=M76Tnav%2Bs48EYUUJPBI71ADUb7CJZmY1qfxq2Hxd5SA%3D&reserved=0). In addition, a GP can make the referral. We work with those aged 16 and older who are registered with a GP in Coventry and Warwickshire. For any questions, please email [talkingtherapies@covwarkpt.nhs.uk](mailto:talkingtherapies@covwarkpt.nhs.uk). | | | | |
| **Training, events & surveys**  **Seeking the Views of Primary Care for CMHT**  Across Coventry and Warwickshire, we are boldly transforming adult Community Mental Health. Our ambition is to transform adult and older adult services to benefit both patients and our workforce.  The programme will support greater integrated working between primary, secondary and voluntary, community and social enterprise (VCSE) partners; and delivery of services at a system, place and neighbourhood level, to best meet the needs for our local populations.  A new community-based offer will include greater access to psychological therapies, improved physical health care, employment support, personalised and trauma informed care, medicines management and support for self-harm and co-existing substance use, enabling individuals to have greater choice and control over their care, and to promote meaningful recovery.  Community mental health services support individuals with severe mental illness. This is distinct from urgent crisis and inpatient services. **This survey is in relation to community mental health services.**  We have used new investment to create new roles and expand teams. **We are interested to hear about the experience of referrers into our redesigned mental health and wellbeing support offer.**  We have developed a survey to capture the views and experience of Primary Care referrers, this can be found here: [**https://forms.office.com/e/DcJaAEfFEr**](https://gbr01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fcwicb.net%2F5ECH-YHLF-3W4C1S-P5Y6N-1%2Fc.aspx&data=05%7C02%7Candy.beaumont3%40nhs.net%7Cb659da547e6546ddd68e08dc18f64ef4%7C37c354b285b047f5b22207b48d774ee3%7C0%7C1%7C638412693430251033%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=tahjT4v9DGSQ6FjW6WZXbu1ltH0UmqdGpA%2Bj7HehhUc%3D&reserved=0)**(closes 31st January 2024)**  **How to deal with stress and anxiety**  Do you ever find yourself snapping at colleagues or struggling to hide your frustration when you’re feeling overwhelmed? Maybe you’ve made a mistake at the end of a bad day or been less than kind to your family when you got home because you’re worrying about work.  If you’d like to learn how to feel calmer and perform better when the inevitable feelings of stress come to visit, make sure you come along to February’s Work Well Webinar with Dr Caroline Walker, founder of the Joyful Doctor, psychiatrist, and specialist in the wellbeing of doctors, and Dr Rachel Morris, host of the You Are Not a Frog Podcast, former GP and specialist in resilience at work.  The live session is taking place on **13th February at 7:30pm** UK time.  If you work in a high-pressure role where things can get stressful quickly, it’s crucial you understand how to manage your emotions, and how you can support those around you to respond better too.  When you register, you’ll also get access to recordings of the previous trainings and lots of other helpful resources.  [**Register here**](https://gbr01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fcwicb.net%2F5ECH-YHLF-3W4C1S-P5ZNU-1%2Fc.aspx&data=05%7C02%7Candy.beaumont3%40nhs.net%7Cb659da547e6546ddd68e08dc18f64ef4%7C37c354b285b047f5b22207b48d774ee3%7C0%7C1%7C638412693430251033%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=NO%2F5OwYpg2csEkMdq8ypcnk2GIkfr8pxFuQm9KYwoIE%3D&reserved=0)  **Mental Health and Menopause – free online eight-week course**  Talking Therapies will host an eight-week online course for women who are experiencing anxiety and low mood due to menopause. The course will provide information and teach skills to help understand how mental health might be impacted by the menopause, how low mood and anxiety is maintained and how this can be changed using Cognitive Behavioural Therapy skills.  This is an online course that begins on **Monday 26 February from 5.30-7.30pm**. It will continue every Monday, skipping Easter Monday (1 April), to end on 22 April. To join, please self-refer with [**Talking Therapies online**](https://gbr01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fcwicb.net%2F5ECH-YHLF-3W4C1S-P5ZNV-1%2Fc.aspx&data=05%7C02%7Candy.beaumont3%40nhs.net%7Cb659da547e6546ddd68e08dc18f64ef4%7C37c354b285b047f5b22207b48d774ee3%7C0%7C1%7C638412693430251033%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=5bTU%2FqsOv2fH0wKjOlj%2BbSdeue27ENHwOQuYlkMgKCI%3D&reserved=0) or by calling 024 7667 1090.  For any questions, please contact Beth Wood, [elizabeth.wood@covwarkpt.nhs.uk](mailto:elizabeth.wood@covwarkpt.nhs.uk).or [**see attached.**](https://gbr01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fcwicb.net%2F5ECH-YHLF-3W4C1S-P5ZNW-1%2Fc.aspx&data=05%7C02%7Candy.beaumont3%40nhs.net%7Cb659da547e6546ddd68e08dc18f64ef4%7C37c354b285b047f5b22207b48d774ee3%7C0%7C1%7C638412693430251033%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=wra5%2FpAkZBAOQqKqZ3iLiwSN7%2FAKEoPLkC%2F6BVNFLAY%3D&reserved=0)    **Newsletters**  **EMIS Newsletter**  Please see [**attached**](https://gbr01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fcwicb.net%2F5ECH-YHLF-3W4C1S-P60TO-1%2Fc.aspx&data=05%7C02%7Candy.beaumont3%40nhs.net%7Cb659da547e6546ddd68e08dc18f64ef4%7C37c354b285b047f5b22207b48d774ee3%7C0%7C1%7C638412693430251033%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=gYEODPcfI89brKLdl100RHgdAns%2FhRg6LUNKbKZd5js%3D&reserved=0)the latest updates in the world of EMIS Web in primary care.  **Wellbeing Wednesday 17.1.24**  Read this week’s edition to:  Discover what coaching offers are available to support you and your teams Find out what non-alcoholic drinks you can enjoy during and beyond 'Dry Jan' Register for Februarys wellbeing webinar - 'How to deal with stress and anxiety' Access mental and financial wellbeing support & make a saving on supermarket shopping and petrol  The link to Wellbeing Wednesday is : [**Wellbeing Wednesday: 17th January 2024 - Coventry & Warwickshire Training Hub (cwtraininghub.co.uk)**](https://gbr01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fcwicb.net%2F5ECH-YHLF-3W4C1S-P60TP-1%2Fc.aspx&data=05%7C02%7Candy.beaumont3%40nhs.net%7Cb659da547e6546ddd68e08dc18f64ef4%7C37c354b285b047f5b22207b48d774ee3%7C0%7C1%7C638412693430251033%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=uVr5P%2BGdiWioVcQKY3%2FfQx%2B5gCiFYl%2BjquTmLwT35jc%3D&reserved=0)  **Wayfinder e-newsletter January 2024**  Welcome to this month's edition of the **[Wayfinder NHS App e-newsletter!](https://gbr01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fcwicb.net%2F5ECH-YHLF-3W4C1S-P60TR-1%2Fc.aspx&data=05%7C02%7Candy.beaumont3%40nhs.net%7Cb659da547e6546ddd68e08dc18f64ef4%7C37c354b285b047f5b22207b48d774ee3%7C0%7C1%7C638412693430251033%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=SVgk80qsLj5iZV%2FK3wHQCuVxFJ3WxCORqPn0XBJovvA%3D&reserved=0" \o "https://gbr01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fcwicb.net%2F5ECH-YHLF-3W4C1S-P60TR-1%2Fc.aspx&data=05%7C02%7Candy.beaumont3%40nhs.net%7Cb659da547e6546ddd68e08dc18f64ef4%7C37c354b285b047f5b22207b48d774ee3%7C0%7C1%7C638412693430251033%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=SVgk80qsLj5iZV%2FK3wHQCuVxFJ3WxCORqPn0XBJovvA%3D&reserved=0)**  This monthly publication will provide you with the latest news from across the programme.  If you have any queries or feedback, please do not hesitate to reach out to us at [wayfinder.comms@nhs.net.](mailto:wayfinder.comms@nhs.net.)  **Vacancies**  None |