

# The Role of a GP in LeDeR

## What is LeDeR?

LeDeR is a national service improvement programme funded by NHS England looking at the lives and deaths of people with a learning disability and autistic people. The programme aims to improve care, reduce health inequalities, and prevent premature mortality.

People with a learning disability die on average significantly earlier than the wider population. To understand why this is happening, we undertake a formal review every time we are notified that a person with a learning disability or autism has died. As part of the review, we look at the health and social care services the person was receiving, we talk to family and carers, and we review care notes.

This process helps us find out what is working well for our population, and what we could be doing better, to drive improvements for the population of Coventry & Warwickshire.

## Making a referral

- LeDeR is everyone's responsibility. Anyone can report a death to the LeDeR programme via this link [LeDeR - Home](#)
- Deaths can be reported for some aged 18 or over who:
  - Had a learning disability.
  - Was autistic.
- When submitting your referral please ensure you include:
  - The person's details.
  - Their NOK details.
  - The circumstances around their death
  - Your details
  - Your relationship to the person
- The more detail you can include the better, as this will help the reviewer to gain a full picture of the person's life and death when completing the review.

## Your Role

- To make a referral for any of your patients who die with a diagnosis of a learning disability or autism.
- Your practice will be asked for the notes of the deceased, including records of their annual health checks and health action plans.
- The reviewer may want to contact you directly to discuss the individual's care in more detail.
- Once the review is complete actions for areas of improvement as well as positive practice is identified.
  - SMART actions may be identified for the practice to action and feedback on.
  - Positive practice will be fed back to the practice or individual involved.

## Useful Documents & Key Contacts

- Local Area Contact for the LeDeR Programme – Sophie Meszar, [sophie.meszar2@nhs.net](mailto:sophie.meszar2@nhs.net)
- LeDeR Team - [cwicb.ledercwicb@nhs.net](mailto:cwicb.ledercwicb@nhs.net)
- Learning Disability Annual Health Checks – Dougie Philippou, [dougie.philippou@nhs.net](mailto:dougie.philippou@nhs.net)
- National LeDeR Reports - [National Reports](#)
- C & W LeDeR Reports - [Local Reports](#)
- The LeDeR newsletter can be found in the Primary Care newsletter quarterly.
- Further information can be found on the ICB Website: [Click Here](#)