

Are you autistic, or think you might be autistic?



The Community Autism Support Service can help.

One-to-one, group and peer support, and training sessions for autistic individuals aged 5+ and their families.



Clear and timely autism support for children, young people and adults across Coventry and Warwickshire.

Navigation

Our team will provide emotional support and, based on individual needs, then signpost, provide information and, if required, identify further personalised support.

Community outreach

One-to-one or group support, focused on understanding and communicating feelings, sensory behaviour, boundaries and routines, such as eating and sleeping.

Peer mentoring

Matching autistic individuals with a trained peer mentor to help navigate daily routines, provide in-person guidance and offer general mental health and wellbeing support.

Training and education

Short workshops and longer courses led by 'experts by experience', aimed at building confidence, improving understanding and providing practical support for daily life.

Start by calling 024 7601 2333
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