

Coventry & Warwickshire Blood Glucose Testing Strips Preferred Prescribing List (PPL)

For guidance on which patients may need to self-monitor blood glucose, please see APC document [RD003](#)

For patients with Type 2 diabetes who need to self-test, offer the patient a choice from:

Test Strips	Cost	Expiry after opening	Compatible Meter	Sample Size	Memory	Lancets
CareSens S	£5.45 (50)	12 months	CareSens S Fit	0.5 µL	730	CareSens 28g (0.36mm) £2.95 (100) 30g (0.31mm) £2.95 (100)
AgaMatrix Agile	£5.99 (50)	6 months	AgaMatrix Agile	0.5 µL	1000	AgaMatrix Comfort Twist 30g £2.69 (100)
Contour Plus	£5.95 (50)	As per package	Contour Plus Blue	0.6 µL	800	Microlet 28g (0.5mm) £2.99 (100) £5.98 (200)
GlucoFix Tech Sensor	£5.95 (50)	12 months	GlucoFix Tech GK	0.5 µL	730	Glucoject Plus 33g (0.2mm) £3.77 (100) £5.50 (200)

If ketone testing is needed for Type 1 diabetes / ketosis-prone Type 2 Diabetes the following strips are recommended:

Test Strips (glucose)	Cost	Expiry after opening	Compatible Meter	Sample Size	Memory	Lancets
GlucoFix Tech Sensor	£5.95 for 50 blood glucose strips (£9.95 for 10 beta-ketone strips)	12 months	GlucoFix Tech GK	0.5 µL	730	Glucoject Plus 33g (0.2mm) £3.77 (100) £5.50 (200)
CareSens Pro	£9.95 for 50 blood glucose strips (£9.95 for 10 KetoSens strips)	12 months	CareSens Dual	0.4 µL	1000	CareSens 28g (0.36mm) £2.95 (100) 30g (0.31mm) £2.95 (100)

For patients who fit the [APC Criteria](#) for Continuous Glucose Monitoring, the following devices may be prescribed on the advice of a **diabetes specialist nurse** or **physician**:

Sensor	Cost per sensor	Expiry after opening	Compatible Device	Further information
Freestyle Libre 2	£35.00 (change every 14 days)	As per package	Freestyle Libre reader or Libre Link App	For patient eligibility criteria, see APC Positioning Statements PS01 and PS02 Patients will also need a GlucoFix Tech GK meter as a back-up glucose meter and to check ketones.
DexCom One	£23.00 (change every 10 days) Transmitter £18.00 (change every 3 months)	As per package	DexCom One Receiver or DexCom One App	

All prices quoted are taken from the Drug Tariff, September 2023.

Please note that this is a **preferred** prescribing list. Recommended products should be prescribed where possible; however, in certain situations, specific patient needs may require that other meters are recommended by specialist teams; in these cases, specialists should explain why a non-PPL meter has been chosen and prescribers should follow specialist advice.

Supporting Information: Blood Glucose Meters:

Meter Name	Contact to request supplies	Patient support line	Online tutorials
CareSens S CareSens Dual	Customer Services cs@spirit-heathcare.co.uk Jess Twose Regional Account Manager Jessica.Twose@spirit-health.com	Customer Support: 0800 881 5423	https://www.spirit-health.co.uk/support-and-downloads
Agamatrix Agile	Jay Brown Diabetes Care Manager 07827 753091 jbrown@agamatrix.com	AgaMatrix Customer Care Team: 0800 093 1812 Email: customercare@agamatrix.co.uk	https://agamatrix.co.uk/support/videos/
Contour Plus Blue	Ali Syed Business Development Manager – Midlands 07393759442 ali.syed@ascensia.com	Ascensia Diabetes Care Support line: 0345 600 6030 or 0800 170 1060 Email: diabetessupport@ascensia.com	https://www.diabetes.ascensia.co.uk/support/instructional-videos/
GlucoFix Tech GK	Fiona Forrest Menarini Diabetes Support Specialist 07775 585617 fforrest@menarinidiag.com	GlucoMen Meter Support Line: 0800 243667	https://glucomenday.com/newplatform/en/glucofix-tech-gk-training-and-guides/

Supporting Information: Continuous Glucose Monitoring

Device Name	Patient support line	Online tutorials
FreeStyle Libre 2	General enquiries 0800 170 1177 Sensor issues can also be reported at: https://www.freestyle.abbott/uk-en/support/sensor-support-form.html	https://www.freestyle.abbott/uk-en/support/tutorialsanddownloads.html
DexCom One	Technical Support Line 0800 031 5763 Customer Services Line 0800 031 5761 Technical issues can also be reported at: https://dexcom-intl.custhelp.com/app/support_request (Contact information also available in app)	Dexcom ONE - Learn the basics of CGM Dexcom